



**HORIZONS**



Suicide Loss  
Support Group

*Giving connects two people, the giver and the receiver, and this connection gives birth to a new sense of belonging.*

Deepak Chopra

## **Papamoa**

**2nd Tuesday of each month**

10:00am to 11:30am

Tarahiki Room

Papamoa Community Centre

15 Gravatt Road

Papamoa



We warmly invite you to our safe space to find and offer hope and make connections with others who understand grief after loss to suicide.  
Suitable for age 18+

**For details:**

07 578 4480

[support@griefsupport.org.nz](mailto:support@griefsupport.org.nz)

**[www.griefsupport.org.nz](http://www.griefsupport.org.nz)**



*When we tell our stories in a safe community, all those things that separate us go away.*

Sarah Markley