



**Grief Support Services** offers community support in all areas of loss and grief.

Often the concept of 'grief' is only associated with death. However, grief can occur following any loss. Losses such as leaving things familiar when moving town; children leaving home, not being able to drive or live alone anymore; being made redundant or a relationship ending, the death of a pet, being advised of a terminal illness and the loss of body function name but a few of the losses and changes that people may be faced with throughout their lives. Whether it is circumstances such as these, or the loss of a loved one, our service is available to everyone in our community.

At Grief Support Services our counsellors offer one on one and whanau/family sessions to help those in need talk about their experience of loss and grief in a supportive and caring way and help them make sense of the change that is taking place in their life.

We receive limited funding and rely on support from donations to meet the increasing need for our services.

You can help us by making a donation. All donations over \$5.00 are receipted and are tax deductible.

**THANK YOU**

**YES, I would like to make a donation to Grief Support Services:**

Name Mr / Mrs / Miss / Ms / Dr

Organisation (if applicable)

Street No.

Street Name

Suburb

Town / City

Postcode

Phone

Email

**Our Donation (please tick one of the boxes below)**

Please receive my one-off donation of:

\$30.00     \$50.00     \$100.00     \$200.00     \$ \_\_\_\_\_

**Please indicate your preferred payment method:**

**Direct credit into Grief Support Services Inc. bank account, ASB Bank 12-3651-0000163-00**

\* Please remember to put your name as a reference and "Donation"

I have enclosed a cheque made payable to "Grief Support Services"

Payment by credit card via secure site [www.givealittle.co.nz/org/GriefSupp](http://www.givealittle.co.nz/org/GriefSupp)

Please return along with your payment to: Grief Support Services, PO Box 3186, Tauranga 3142

Please tick here if you do not want to be added to our mailing database Please tick here if you require a receipt

[www.griefsupport.org.nz](http://www.griefsupport.org.nz)

Tel 07 578 4480